

Who is giving the anesthesia?



Dr. Christopher Mina is a board certified anesthesiologist. He specializes in giving anesthesia in the office setting.

Anesthesiology for Offices

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Anesthesia in Your Doctor's Office



Anesthesiology for Offices

What kind of anesthesia can I get?



Most patients do very well with intravenous sedation. You may have heard terms like “conscious sedation” or “twilight sleep”. Sedatives are given through an IV with careful monitoring. You can be given as much or as little sedation as your need, and most patients don’t remember anything afterwards.

For some procedures, a full general anesthetic may be needed, and this can also be given in your doctor’s office.

How closely am I watched during the anesthesia?

Your anesthesiologist will be in the room with you for the whole procedure, carefully giving full attention to your safety and comfort. Your blood pressure, pulse, heart tracing, and blood oxygen levels will be carefully watched.

Is it safe?

Your anesthesiologist is well trained to handle emergencies. He has all the equipment and medications needed to handle rare reactions to anesthesia. While no procedure is totally risk free, having anesthesia in a doctor’s office is as safe as having it in an outpatient surgical center.

Why have treatment in an office instead of a hospital or outpatient center?

With this service you can have the procedure done in the familiar surroundings of your doctor’s office, and you will avoid additional facility charges.

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What about nausea?

Nausea is always possible with anesthesia, but with the newer sedatives available, it is far less likely than in the past. In addition, your anesthesiologist has medications available to treat nausea if it occurs.

Are there any special rules for having anesthesia?

You need to avoid eating or drinking anything for at least eight hours before your procedure. You will need to have someone drive you home since you will not drive after receiving the anesthetic. Your anesthesiologist will tell you if there are any other things to consider because of your individual state of health.

What about children?



Children can receive anesthesia in the office as well. Your anesthesiologist is well trained in treating your children and can take care of them as safely as adults.